



April 3, 2020

LVO Employees:

We are all experiencing a new way of living as the global COVID-19 pandemic has entered our local communities and thrown our daily lives off balance for the time being. During this unprecedented time, Mack Trucks wants you to know that our Health Advocate services are here to support you as you work through any challenges you are facing now, or that you may face in the coming weeks or months. These services include financial advice, mental health advice, and much more to help you and your family find support when you need it most.

Health Advocate's products include:

- Health Advocacy
- Employee Assistance Program (EAP) +Work / Life
- Telehealth
- Empowered Health
- Wellness Programs

The resources Health Advocate offers are available to all employees at no cost, and your use of these resources is kept anonymous.

To see all available resources go to:

www.healthadvocate.com

You can also call Health Advocate toll-free at 877-240-6863.

During this time it's more important than ever to take care of yourself and your family. We want you to know that resources are available to assist you, and you do not have to manage through life's challenges on your own.

Take care of yourself and your family.

Stay Calm. Stay Safe. Stay Home.